

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE Find Kid Scoop on Facebook © 2020 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 36, No. 9

upper

teeth

lower

teeth

DENTAL HEALTH

**Open Wide and Meet Your Teeth** 

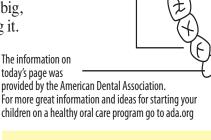
Read the descriptions of each kind of tooth and then label the tooth chart at right.

- **Incisors**—The teeth at the front of your mouth are called **incisors**. They have sharp edges to help you bite into food, like a pear.
- Canines—The really pointy teeth on either side of your incisors are called **canines** and they help to tear off food into bites, like meat.
- **Molars**—At the back, are your **molar** teeth. These big, bumpy teeth help you chew food before swallowing it.

**Baby Teeth On Board** 

Some people think that cavities in baby teeth don't matter, because they'll be lost anyway. But that's not

Dental decay in baby teeth can negatively affect permanent teeth and lead to future dental problems.



### **Nothing But the Tooth**

Teeth stay in the mouth because, like trees, they have roots that hold them in our jaws. Tooth roots are usually long and smooth. Front teeth usually have only one root. Back teeth can have as many as three.

Do the math to complete this diagram of a tooth.

17-4 = root10+4 = pulp

18

16

18+3 = crown9+9 = enamel

12 + 4 = dentin

11+9 = nerves and

blood

**How many** toothbrushes

can you find on

this page?

vessels

### Why do we lose our baby teeth? People get two sets of teeth When will I get my

because as you grow, your mouth gets bigger.

People only have two sets of teeth, so we have to do our best to look after them by brushing twice a day with toothpaste and avoiding sweet drinks and snacks.

Give Kids A Smile®

More than 5.5 million children have received free oral health services through Give Kids A Smile since the national program began in 2003.

To get contact information for the Give Kids A Smile program nearest you, call 844-490-4527 or visit adafoundation.org

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### A Great Smile Starts with Healthy Teeth

Healthy teeth give you a great smile and prevent painful problems. Use this chart to keep track of your brushing this week.

**1.** Find a brushing buddy at home.

2. Ask your buddy to color a sun in the correct box each time you brush your teeth in the morning and a moon each night. Can you earn both each day?

permanent teeth?

Incisors: 6-8 years old

Canines: 9-12 years old

First molars:

9-11 years old

Second molars:

10-12 years old



Double

**INCISORS** 

**MOLAR** 

**MOUTH** 

**ROOTS** 

**CROWN** 

ORAL

**JAWS** 

**PULP** 

**BITE** 

**CHEW** 

Note to Parents: An adult should brush and floss a child's teeth until he or she is at least 6 years old. By age 6 or 7, children should be able to brush their own teeth twice a day with adult supervision. Brush your own teeth with your children. Practice flossing together and stay healthy as a family!

## Look through today's

newspaper to find:

☐ a big smile

a healthy drink

☐ a healthy food ☐ a healthy person

□ someone getting

exercise

Standards Link: Research: Use the newspaper to locate information.

# Can you find your way through this tangle of dental floss? Standards Link: Reading Comprehension: Follow simple written directions.

How many of them can you **CANINES** find on this page? **PAINFUL** WEHCHROOTS DENTAL TEETH **SMILE** 

RUSCTCSHR RTWRWAUOTO AOMNTDOES WLISEPEMI ENONELTAC

Find the words in the puzzle.

CEHTMTUIDN

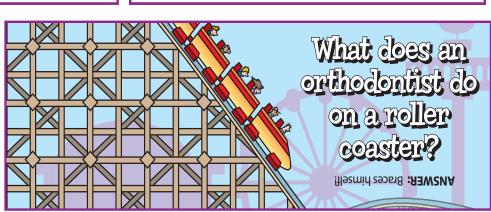
LAROHPBMI ALUFNIAPYS

Standards Link: Letter sequencing. Recongized identical words. Skim and scan reading. Recall spelling patterns.

# **Opposites**

Select and clip a photo from today's paper and glue it to a piece of paper. Next to the photo, write five words that describe it. Next to each word write its antonym.

Standards Link: Language Arts: Understand and use antonyms.



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#### Kid Scoop <u>VOCABULARY</u> RUILDERS This week's word: **DECAY**

The verb decay means to weaken in health.

Her eyesight was

beginning to decay with age. Try to use the word decay

in a sentence today when talking with your friends and family.



do with all those teeth? What are your ideas? Write about them!

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